

Size Zero: The debate continues

As the size-zero debate rages on across all sections of society and all across the world, aspiring model and Porlock Hall journalist Tracy Belle gives her views on the size-zero issue.

In the world today young women are spoiling their features just because they are "wannabes". A large population of young women are slowly killing themselves to be like celebrities who are size-zero.

I have always wanted to be a model, not for fame but because I think that I can be what ever I want to be once I put my mind to it. But now even I'm slowly changing my mind: I don't want to starve myself to be famous or to be a model.

Victoria Beckham is an immense influence on the nation's population of women. To me, whenever I look at her on TV or in magazines, she looks like a skeleton with only skin and bone and no flesh, (no offence to skeletons!) but in my eyes she really is so like one.

How can they do that to themselves? Don't they realise what is happening to them and what side effects it has on them? Don't they? Some one really needs to educate them and give them some motivation.

Models will sacrifice so much to be skinny; putting their lives at risk to be skin and bone. Can you believe that?

In my view it is a total ignominy to the human race and to God's creation.

And in the future if I'm planning on being a model I will NOT sacrifice everything to be skinny. I will not do surgery, starve nor smoke.

Furthermore, if I do become a model in the years to come I would like to encourage my fellow citizens to love themselves for who they are, for no-one can be them.

For they are beautiful in every way.

About this article

This article was written by Tracy Belle, a member of Headliners' outreach programme Project Subway.

5 comments

What the hell!

Size zero what! Such a thing should not exist, it is stupid. I mean why are they killing themselves? I could never be a size zero model and I have big boobs and love them to bits, I don't know how they do without them!

Lauren Ireland (age 14) from Audenshaw, UK, 04 November 2009 19:42

size zero

yes some celebrities and models are naturally thin and those who have anorexia should get help, but the problem is that some of the youth of today are trying so hard to be like the celebrities that we see in the media so if we continue to put size zero models in then it continues to allow teenagers and young people to think that that body image is the way to be driving some people to the extremity of anorexia.

anon from Southsea, 11 October 2008 14:58

size 0

i think its silly to starve yourself!!!!

sera jenkins from barbados, 14 April 2008 13:31

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From the rest of the web

[Size-Zero](#) Information from Wikipedia