

## Sizing Up A Weighty Problem

**Size zero isn't cool and it isn't very smart either, says Headliners member Orlanda Brennan.**

Models are skipping meals, drinking and smoking and their bodies are not able to cope with the pressure.

The media has criticised this trend as it is taking a toll on the modelling world. There have been many articles blowing the issue wide open and showing the consequences of this social sickness.

Most models I see are anorexic and I don't think it's in any way being a role model as teenagers are wanting to look like models. Actresses are also following their lead and are going on the downward spiral to a lot of ill health issues.

Teenagers today see models, actresses and singers as role models and are copying these stars style, hair and now even copying the size zero popularity and it's not in any way healthy, especially for teenagers who's bodies are still developing. I don't believe people get this way on purpose as there has to be a problem behind it and it needs to be sorted.



### About this article

This article was written by Orlanda Brennan (15) from Belfast.

### 1 comment

Not anorexic

Do keep in mind that not everybody who is a size 0 is anorexic. Most of us naturally thin people don't even want to be so thin, but that's just how we are.  
Skinny Eater from USA, 23 November 2007 00:34

- [Add a comment to this page](#)

### Related Links

#### More from Headliners

**[Size Zero: The debate continues](#)** As the size-zero debate rages on across all sections of society and all across the world, aspiring model and Porlock Hall journalist Tracy Belle gives her views on the size-zero issue.

**[Walking a Thin Line](#)** This Nicole Doherty hasn't been sucked in by the new size-zero clothing lines.

**[If you don't feel pretty, you damn well best be thin...](#)** Young reporters expose the true cost of being anorexic, and ask why more and more young people are nonetheless falling prey to eating disorders.

Built on [Cubik](#)

©2012 Headliners

Registered Charity Number 1043300. Supported by the [Department for Children, Schools and Families](#)