

Walking a Thin Line

This Nicole Doherty hasn't been sucked in by the new size-zero clothing lines.

I am a bit shocked that skeletons have now arisen from the dead and not only are they un-dead but they are also shopping!

Too often in the world of entertainment we see celebrities struggling with their weight, but more recently we have seen a disturbing rise in the number of stars who are looking waif like.

Nicole Ritchie, Lindsay Lohan and Calista Flockhardt are all people who have gone to all extremes to look skinny, but ended up taking it a bit too far!

I am glad I'm still alive

I'm not all that excited there are woman out there I look bigger than when standing next to, but I am glad I'm still alive! This means I can eat what I want and not care about it. I would hate to be walking around on a daily basis thinking, 'oh my god this chocolate bar has 10 calories, but I'm only allowed 5 if I'm to reach skeletal status!

The world has to realise that were all going to die some day and I for one would like to live a FULL and healthy life, but I think I would prefer dying with a bag of chips in my hand rather than spending my whole life worrying about what I can't have.

However it is also not a good idea to eat to excess

However it is also not a good idea not to eat to excess! It is possible to have a balanced diet and still eat a burger every once in a while. It is important we set a good example however and teach our children the importance of eating a balanced diet.

Perhaps the most bizarre trend I have read about recently has been plastic surgery backside implants. People are actually paying thousands of pounds to plastic surgeons to look curvaceous!

I think we should all learn to love our curves and our wobbly bits. Eat that Big Mac, raise it into the air and scream; 'I am big and I am beautiful!'

About this team

This article was written by Nicole Doherty, from our Foyle newsroom and edited by Gavin Leung. It was published on the [Reach for the Sky](#) website.

1 comment

I agree
Shallow and padantic!
Peter Griffin (age 42) from rhode island, 13 August 2009 01:54

- [Add a comment to this page](#)